

High Rocks Restaurant

A La Carte Menu

----- Starters -----

- SMOOTH CHICKEN LIVER PATE served with toasted brioche and red onion relish 8.75
- GOAT'S CHEESE TART warm pastry tartlet with cherry tomatoes, mozzarella & oregano, topped with melted goat's cheese, on a bed of fine leaves, drizzled with basil & olive oil dressing (V) 8.75
- SMOKED DUCK SALAD with fennel and orange segments, honey & lemon dressing (DF & GF) 9.75
- TIMBALE OF SMOKED SALMON filled with prawns in lemon & chive mayonnaise (DF & GF) 10.75
- SPAGHETTI CARBONARA sauce of cream, Parmesan & pecorino cheese, egg yolk and strips of pancetta 10.50
- ITALIAN SALAD rocket, fine leaves, avocado, cherry tomatoes, butter beans, olives & capers, with Balsamic and olive oil dressing (V VG DF GF) 8.50
- KING PRAWNS cooked in a tomato & white wine sauce with finely diced red & green peppers, chilli, garlic and shallots (DF & GF) 11.50
- PARMA HAM with seasonal chilled Melon and Pear (DF & GF) 9.00
- ROASTED VINE TOMATO & BASIL SOUP (V VG DF GF) 6.50

----- Main Courses -----

- FILLET OF SEABASS in a lemon butter sauce with prawns (GF) 19.00
- POACHED SALMON in a cheese and mornay sauce with tarragon (GF) 19.00
- BREAST OF CHICKEN cream & white wine sauce, sliced mushrooms & crispy smoked pancetta (GF) 17.50
- BEST END OF LAMB pasted with breadcrumbs, herbs & French mustard, sliced and served with a Madeira sauce 29.50
- SLOW COOKED BRAISED BEEF IN RED WINE sliced & served with a puff pastry pillow 18.50
- FILLET STEAK IN GREEN PEPPERCORN SAUCE with Brandy, cream & French mustard 35.00
- PANCAKE CANNELLONI savoury pancake filled with ricotta cheese & spinach, in a cheese and tomato sauce (V GF) 15.00
- Above Main courses served with Vegetables & Potatoes of the Day
- GRILLED SIRLOIN STEAK served with Chips, grilled tomatoes and grilled mushrooms (GF) 29.50
- PROVENCALE RISOTTO tomato Risotto with spicy ratatouille & broccoli, served with grilled polenta wedges (V VG GF DF) 16.50
- SPAGHETTI OLIO AGLIO with olive oil, garlic, parsley, cherry tomatoes, olives, capers & chilli (V VG DF) 13.50
- GNOCCHI in a tomato & basil sauce with spinach, cannellini beans & cherry tomatoes, sprinkled with grated vegan cheese (V VG GF DF) 13.50

Sunday Roasts

- PRIME ROAST BEEF, YORKSHIRE PUDDING & GRAVY Roast Potatoes & Vegetables 18.50
- ROAST CHICKEN, SAGE & ONION STUFFING, BACON & GRAVY Roast Potatoes & Vegetables (GF) 17.50
- Available on Sundays only and served all day, or until it's all gone !
- ADDITIONAL VEGETABLES OR POTATOES 3.50 each MIXED SIDE SALAD with olive oil & lemon 4.00
- BREAD & BUTTER SERVED WITH MEAL (extra bread £2.50 per person)

----- Children's Menu; Main course only £9.00 Main course & Dessert £13.50 -----

- Penne Pasta with tomato & basil sauce (V VG DF) ---- Chicken fillets in breadcrumbs with Chips (DF)
- Roast Beef & gravy with vegetables of the day (available Sunday only)
- Selection of Ice creams with Chocolate OR Raspberry sauce (V)
- V = Vegetarian VG = Vegan GF = Gluten free DF = Dairy Free