

Restaurant Menu

Starters

SMOOTH CHICKEN LIVER PATE

served with toasted brioche and red onion relish

£8.75

GOAT'S CHEESE TART v

warm pastry tartlet with cherry tomatoes, mozzarella & oregano, topped with melted goat's cheese, on a bed of fine leaves, drizzled with basil & olive oil dressing

£8.75

SMOKED DUCK SALAD gf, df

with fennel and orange segments, honey & lemon dressing

£9.75

TIMBALE OF SMOKED SALMON gf, df

filled with prawns in lemon & chive mayonnaise

£10.75

TAGLIATELLE CARBONARA

sauce of cream, parmesan cheese & egg yolk, with strips of pancetta

£10.50

ITALIAN SALAD v, vg, gf, df

rocket, fine leaves, avocado, cherry tomatoes, butter beans, olives & capers, with balsamic and olive oil dressing

£8.50

KING PRAWNS gf, df

tomato & white wine sauce with finely diced red & green peppers, chilli, garlic, shallots

£11.50

PARMA HAM gf, df

with seasonal chilled melon and pear

£9.00

ROASTED VINE TOMATO & BASIL SOUP v, vg, gf, df

£13.50

v Vegetarian

vg Vegan



gf Gluten Free

df Dairy Free

High Rocks

Restaurant Menu

Mains

FILLET OF SEABASS **gf**

in a lemon butter sauce with prawns

£19.00

POACHED SALMON **gf**

in a cheese and mornay sauce with tarragon

£19.00

BREAST OF CHICKEN **df**

in a cream & white wine sauce with sliced mushrooms & crispy smoked pancetta

£17.50

BONELESS RACK OF LAMB **df**

pasted with breadcrumbs, herbs & french mustard, sliced and served with a madeira sauce

£25.50

FILLET STEAK MONACO

wrapped in bacon, on a crouton, in a sherry & cream sauce, garnished with asparagus

£29.75

PANCAKE CANNELLONI **v, gf**

savoury pancake filled with ricotta cheese & spinach, in a cheese and tomato sauce

£15.00

————— Above Main courses served with Vegetables & Potatoes of the Day —————

GRILLED SIRLOIN STEAK **gf**

served with chips, grilled tomatoes and grilled mushrooms

£29.50

PROVENCALE RISOTTO **v, vg, gf, df**

tomato risotto with spicy ratatouille & broccoli, served with grilled polenta wedges

£16.50

SPAGHETTI OLIO AGLIO **v, vg, df**

with olive oil, garlic, parsley, cherry tomatoes, olives, capers & chilli

£13.50

SPINACH GNOCCHI **v, vg, gf, df**

in a tomato & basil sauce with cannellini beans & cherry tomatoes, sprinkled with grated vegan cheese

£13.50

Sunday Roasts

PRIME ROAST BEEF

with yorkshire pudding & gravy,
roast potatoes & vegetables

£18.50

HALF ROAST CHICKEN **gf, df**

with sage & onion stuffing, bacon, gravy,
roast potatoes & vegetables

£17.50

Additional vegetables or potatoes **£3.00 each**

Mixed side salad with olive oil & lemon **£3.20**

Served all day or until it's all gone!

Children's Menu

Main course only **£9.00**

Main course & Dessert **£13.50**

PENNE PASTA **v, vg, df**

with tomato & basil sauce

CHICKEN FILLETS IN BREADCRUMBS **df**

with chips

ROAST BEEF & GRAVY

with vegetables of the day
(available Sunday only)

SELECTION OF ICE CREAMS **v**

with chocolate OR raspberry sauce

v Vegetarian

vg Vegan



HIGH ROCKS

gf Gluten Free

df Dairy Free

Restaurant Menu

Desserts

CRÈME BRULEE v, gf

with caramelised sugar topping

£7.00

STICKY TOFFEE PUDDING v, gf

served warm with vanilla ice cream

£8.50

BANANA AND CARAMEL CHEESECAKE

with fresh orange segments

£7.50

LEMON MERINGUE PIE v

sweet shortcrust pastry case filled with home made lemon curd, topped with meringue and served on a crème anglaise sauce

£7.50

VANILLA & RASPBERRY POACHED PEAR v, vg, gf, df

with mixed berries & vegan vanilla ice cream

£8.00

MERINGUE NEST v, gf

filled with soft fruits, whipped cream & vanilla ice cream on a crème anglaise sauce drizzled with mango & blackcurrant sauces

£8.50

WARM APPLE CRUMBLE v, vg, gf, df

with cinnamon & sultanas, served with vanilla soya custard

£8.00

ENGLISH & CONTINENTAL CHEESES v

with red onion jam, grapes, celery & biscuits

£9.00

v Vegetarian

vg Vegan



gf Gluten Free

df Dairy Free

HIGH ROCKS